

TWO Locations Now Offering CERTIFIED HAND THERAPY SERVICES

*Snohomish
& Stanwood
Clinics*



Jill Anderson, OTR/L, CHT - Jill earned a Bachelor's degree in Occupational Therapy from the University of Illinois in 1988 and became a Board-Certified Hand Therapist in 1994. She has extensive experience in the treatment of complex orthopedic trauma, post operative care, complex regional pain syndrome and burns/wound management. She is a member of the American Society of Hand Therapists and enjoys mentoring new therapists entering the field of hand therapy. Jill has been a member of the NorthSound Physical Therapy team since 2018 in our Stanwood Clinic, and is now practicing at our Snohomish clinic as well.

**SERVING
TWO LOCATIONS:**

- 27500 102nd Ave NW, Ste 1, Stanwood, WA 98292 p: 360.629.9768 f: 360.629.6487
- 1409 Ave D, Snohomish, WA 98290 p: 360.453.7933 f: 360.453.7934
- Hours: Stanwood - Wednesday, Snohomish - Monday/Thursday



Leah Michelsen, PT, DPT, CHT- Leah earned her Doctorate of Physical Therapy from University of Illinois at Chicago in 2014, and became a Board-Certified Hand Therapist in 2019. While working alongside hand therapists when preparing for PT school, she dreamed of becoming a Certified Hand Therapist specializing in hand and upper extremity rehabilitation, and is currently living the dream! Her clinical interests include rehabbing fingertips to shoulder (especially shoulder!) and beyond, as well as clinical electrophysiology, kinesiotaping, mindfulness, and empowering her patients to become their own best advocates in their path from injury to recovery. When not treating and studying all things hand, she can be found in tree pose, working in her garden, and exploring the natural beauty of Washington's north Puget Sound and mountains with her husband and Dutch Shepard.

**SERVING
STANWOOD
LOCATION:**

- 27500 102nd Ave NW, Ste 1, Stanwood, WA 98292 p: 360.629.9768 phone f: 360.629.6487

- Pre/Post Surgical Rehabilitation
- Orthosis Fabrication/Fitting
- Tendon Injury and Repairs
- Complex Fracture/Dislocation Management
- Traumatic Crush Injuries/Amputations
- Repetitive Injury Management

- Sports Injury Management
- Scar Management
- Desensitization/Sensory Re-education
- Peripheral Nerve Injuries
- Complex Regional Pain Syndrome
- Osteoarthritis
- Sprain/Strain Rehabilitation